



Southern & Ettalong United Football Club Inc.

All Correspondence to PO Box 130, Ettalong Beach NSW 2257
ABN 40 553 372 932



SOUTHERN & ETTALONG UNITED FOOTBALL CLUB (SEU) / HEARTBEAT OF FOOTBALL

2023 OVER 35/45 SEVEN A-SIDE EVENT CONDITIONS

By filling out and returning the nomination form, teams shall have indicated that they shall abide by the Conditions of the event.

All players must be registered with their relevant Football Associations in the over 35 or 45 age groups and evidence of registration must be provided to SEU. All players must be no younger than the age group they are registered for and participating in, for the 2023 season.

The event is a Central Coast Football sanctioned tournament and is being held in conjunction with the Heartbeat of Football.

The event is about heart health and team sport. No swearing is tolerated and if a referee is sworn at a mandatory 2 minute sin bin is given to that player, with the team playing short for those two minutes.

It should be noted that SEU, its members, committee or sponsors accept no responsibility for injuries to players nor loss or damage to property or equipment on the day.

Note that it is a requirement under the liquor licence held by SEU, that alcohol cannot be brought on to the grounds and can only be consumed if purchased from the club. A bar will be running on the day in the clubhouse.

Visiting clubs must not hold fundraising functions on the ground nor bring any barbeque equipment onto the oval.

The Organising Committee reserves the right to refuse any team and/or player nominations or admission to the grounds.

The O35 tournament will include one round on Friday evening 17 March 2023 as well as games on Saturday the 18 March 2023. The O45 tournament games will all be held on Saturday 18 March 2023.

EVENT RULES

The organising committee reserves the right to amend or add any rules for this event if required.

The teams for each age group will be divided into appropriate groups depending on team nomination numbers.



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Each team will play other teams in its group once, with each team playing a minimum of four games throughout the day.

All games will start and finish by the hooter from the official timekeeper.

Teams must be ready to play 5 minutes prior to kick off on their scheduled field. Team captains must toss for ends prior to kick-off and be on the field prior to the hooter.

If a team fails to be able to start a game within two minutes of kick off, they will concede one goal, more than five minutes and the game is forfeited with a 4-0 loss.

All games will commence and end strictly on time.

Any teams failing to appear for their match will forfeit the game, with a 4-0 win to the opposition.

Each game will consist of 2 x 12-minute halves with a straight turn-around. That is, there will be no half-time break.

TEAM NUMBERS

Each team may nominate up to a maximum of 16 players. However, a maximum of 12 may only be used for any game.

Only seven players (including goalkeeper) may take the field at any time.

A minimum of five players is required before a team can take the field. If a team only has five players, they may borrow a player from another team if permission is granted by the opposition and the SEU organisers of this event.

INTERCHANGE

Unlimited interchange of players is permitted, as long as play has stopped, and the referee is made aware of the changes. Substitutes must not enter the field until the substituted player has left the field.

Interchanges must be made at half-way.

PLAYING EQUIPMENT

All players must be correctly attired in the following items: boots, shin pads, team shirt (individually numbered) knee high socks and football shorts.

Provision should be made for alternate strips with a toss of a coin to decide the wearer.

Teams must provide their own match balls (at least one for each game so that two balls are available).

REFEREES

The referee will deal with all fouls and misconduct which will be punished accordingly.

Please note that all players, coaches, managers, and spectators are to refrain from making comments to or about the referee. The referee's decisions are final, and dissent will not be tolerated.



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OFF-SIDE

There are no offsides.

FREE KICKS

All free kicks are direct, and the defending team must retreat at least five yards from the ball.

PENALTIES

An offence in the penalty area will result in a penalty. The penalty taker may only take a maximum of 2 steps.

CORNER KICKS

Corner kicks will be taken from the corner markings on the field. Opposition players will retreat a minimum of 5 metres from the ball.

DISCIPLINE

All caution details are reported to the coordinator at the end of each game.

- first offence, yellow card
- 2nd yellow card in a game and player plays no further part in the game and a one match suspension.

- straight red card results in a minimum one match suspension

The SEU organisers reserve the right to prohibit any player, team, club, or spectator(s) from taking any further part in the event.

GENERAL

The back pass rule applies with the free kick to be taken two yards outside the penalty area.

A goal can be scored directly from the kick off.

All other rules as per the laws of FNSW and CCF will apply.

If teams are equal on points at the end of the round robin, the team with the best goal difference will advance. If the goal difference is the same, a winner will be determined by the toss of a coin.

FINALS

The finals format will be determined after nominations have been received and the round robin format established.

Clubs participating in this event will be notified accordingly of the format.



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